**HOMECOMING 2019**

**September 23rd-27th**

**Monday** - Disney Day (Dress Up)
**Tuesday** - 90’s/00’s Day (Dress Up)
**Wednesday** - Hawaiian Day (Dress Up)

Powderpuff Football Game 5:30PM
Homecoming Parade 6:30PM

**Thursday** - Vine/Meme Day (Dress Up)
**Friday** - Royal Spirit Day (Dress Up)

Football Game 7:00PM
Homecoming Dance 9:00-12:00PM

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**RevTrak Fee Information**

RevTrak course fees were assigned on Monday, September 9th during the school day. RevTrak course fees are ready for payment. Please check your student’s account.

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**Pick Up/Drop Off Guidelines**

A reminder for parents who drop off/pick up their student at RHS. PLEASE pull all the way forward when dropping or picking up your student! For safety reasons, it is important that there are no sudden stops. If you need extra time (unloading musical equipment, student is on crutches), please pull into visitor parking to load or unload. These tips help with the traffic flow & the safety of our students.

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**Health Office News:**

Just as a reminder, if your child/student becomes ill or injured, they need to report to the Health Services office. If they do not go through the Health Services Office and go home on their own, it will be counted as unexcused.

Our Health Office is also accepting any boxed facial tissue paper donations that families would be willing to donate!

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**ATTENDANCE CORNER:**

Attendance is an important life skill that will help your child graduate from college and keep a job. Parents are responsible for contacting the school by calling the attendance office (763) 241-3555 or by sending a note within 48 hours if the student is absent. When calling or sending a note, please state the students first and last name, reason for absence, your name and best contact number.

Students that come to school/class more than 10 minutes late, without a parent/guardian phone call or note will be marked absent unexcused, for the class period(s) the student has missed. Students must sign in at the attendance desk when coming late to school.

Students who need to leave school to attend a medical appointment, appointments, etc., please call the attendance line or send a note with your student. Students will need to sign out of school at the attendance desk prior to leaving school, and will need to sign back in if returning to school after the appointment.

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**AFTER SCHOOL ACTIVITIES AND ATHLETICS:**

You must be in school at least half the day of the contest or receive prior permission from the Administration in order to participate. Participation includes practice and competition.
Calling All Volunteers!

At RHS we have a variety of ways you can get involved.

- Supervise Lunches 10:40-12:30
- This can be customized to your schedule. Help out daily, weekly or monthly
- Homecoming Dance (September 27)
- NHS Induction Ceremony (October 14)
- Student Picture Retakes (October 15)
- Field Trip Chaperones
- Prom (April 18)
- Awards Night (May 4)
- RHS Family Fun Fest (May, TBD)
- We need A LOT of volunteers!
- Other: Contact me when help is needed

If interested in volunteering your time, please email Quinn Stull at quinn.stull@isd728.org. The students and staff at RHS would greatly appreciate any help you can provide.

Quinn Stull-Parent Liaison @ RHS
quinn.stull@isd728.org

<table>
<thead>
<tr>
<th>Mini-Calendar</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>September</strong></td>
</tr>
</tbody>
</table>
| 23 | Homecoming Week—Dress Up Day  
Disney Day |
| 24 | Homecoming Week—Dress Up Day  
90’s Day |
| 25 | Homecoming Week—Dress Up Day  
Hawaiin Day  
Powderpuff Football 5:30 PM  
Homecoming Parade 6:30PM |
| 26 | Homecoming Week—Dress Up Day  
Vine/Meme Day |
| 27 | Homecoming Week—Dress Up Day  
Royal Spirit Spirit Day  
6th Hour Pepfest/Coronation  
Homecoming Dance is from 9PM-Midnight at RHS! |

| **October** |
| 7 | Choir Kick-Off Concert  
7:00PM in the PAC |
| 10 | Band Concert  
7:00PM in the PAC |
| 14 | NHS Induction Ceremony  
7:00PM in the PAC |
| 15 | Picture Retake Day  
7:00-10:00AM |
| 16 | PSAT Testing |
| 17 | No School/Teacher Convention |
| 18 | No School/Teacher Convention |
| 22 | ASVAB Testing |
| 24 | Parent/Teacher Conferences  
College Fair  
Parent Info Meeting |
| 31 | End of First Quarter |
Sign up for College Visits at RHS

Students in Grades 10-12 are invited to attend college visits in the College & Career Center when local reps visit RHS. Students can sign up HERE and they will receive a college visit pass the day of the visit.

<table>
<thead>
<tr>
<th>September</th>
<th>Time</th>
<th>College</th>
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<tbody>
<tr>
<td>16th</td>
<td>12:45pm</td>
<td>DePaul University (IL)</td>
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<tr>
<td>16th</td>
<td>1:30pm</td>
<td>Saint Mary's University of Minnesota (MN)</td>
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<tr>
<td>18th</td>
<td>9:00am</td>
<td>University of Minnesota Twin Cities (MN)</td>
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<tr>
<td>18th</td>
<td>1:30pm</td>
<td>University of Jamestown (ND)</td>
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<tr>
<td>19th</td>
<td>12:45pm</td>
<td>University of Northern Iowa (IA)</td>
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<tr>
<td>19th</td>
<td>1:30pm</td>
<td>Creighton University (NE)</td>
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<tr>
<td>23rd</td>
<td>8:45am</td>
<td>Ohio Wesleyan University (OH)</td>
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<tr>
<td>23rd</td>
<td>12:45pm</td>
<td>North Dakota State College of Science (ND)</td>
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<tr>
<td>24th</td>
<td>8:00am</td>
<td>Northern Arizona University (AZ)</td>
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<tr>
<td>24th</td>
<td>8:45am</td>
<td>Montana State University (MT)</td>
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<tr>
<td>25th</td>
<td>9:00am</td>
<td>University of Wisconsin-Superior (WI)</td>
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<tr>
<td>25th</td>
<td>12:45pm</td>
<td>Carleton College (MN)</td>
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<tr>
<td>27th</td>
<td>12:45pm</td>
<td>University of Minnesota-Duluth (MN)</td>
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<tr>
<td>30th</td>
<td>1:30pm</td>
<td>North Dakota State University (ND)</td>
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NHS INFORMATION

National Honor Society is a service organization and members become involved in many service projects throughout the school year, such as Memorial Blood Centers Blood Drive, Food Drive, Tie Blankets for Children’s hospitals and volunteering at FMSC. Volunteering throughout communities in and around Rogers is also expected. NHS is also in charge of the inside concessions during home events at RHS for fall sports (volleyball) and winter sports (boys/girls basketball, wrestling and dance).

Members are required to do **10 individual hours** of volunteer work outside of school to keep their membership active and up-to-date. In addition, they are required to put in **30 group hours**, which is usually taken care of during many of the service projects throughout the year.

Members are expected to attend biweekly meetings and to inform Mrs. Froemming, NHS advisor, if they cannot attend. It is an honor to be a part of Rogers NHS. Members feel proud to represent our school and our community through volunteering.

In August 2019, those students in grades 10-12 with a GPA of 3.50 and above will be invited to join NHS (9th grade students become eligible after completion of their freshman year).

Students, who are invited to apply, will fill out an application and receive recommendations from RHS teachers and others who can explain how a particular student excels in the 4 pillars that define NHS: Scholarship, Leadership, Service and Character.

Selection is based on review of each completed application packet, faculty recommendation and other verifiable information, which is reviewed by the Rogers NHS Faculty Advisory Council sometime in September 2019. The date of the 2019 NHS Induction Ceremony has been set for Monday, October 14, 2019 at 7PM in the RHS Performing Arts Center (PAC). If you have questions, please email Ann Froemming at ann.froemming@isd728.org or by phone (late August) at (763) 274- 3140, ext. 1651.
COLLEGE & CAREER CORNER

6 Steps to Creating a College List

For most students, choosing a college is the most important decision of their lives thus far. Understandably, making a college list can feel overwhelming given that there are over 4,000 colleges in the US. The best way to approach the list is to thoroughly research the choices and make well-informed decisions. The goal is to cultivate a well-balanced list of 8 to 10 schools. Ms. Handrick (College & Career Specialist) can work with students to help navigate this process. Below are six steps to get started.

STEP ONE: DO A PRELIMINARY COLLEGE SEARCH

Hop on the Internet. Get familiar with the colleges and universities that are out there. Websites like College Confidential, College Board, Cappex, and MCIS have robust college profiles. Look at colleges that have familiar names, but don't miss out on researching other schools that are lesser known. These schools may be a strong fit for your student, if not better than some well-known ones.

Type in "college" with different words, like "warm weather," "green," "friendliest," "best dorms" or "sports enthusiasts." If the school looks interesting, take a deeper look. Find out more about colleges mentioned by friends, parents, teachers, or coaches. Attend college fairs and meet college reps who visit RHS. Investigate at least three or four colleges that are not familiar to you.

STEP TWO: MAKE A LIST OF WHAT THE COLLEGE MUST HAVE

Write down the top five things a college must have. These are the deal-breakers. If a college doesn't have these five things, cross it off the list. One of those deal-breakers should be the student's major (if they have one). If engineering is a desired career path, it's going to be very hard to explore the possibilities if the school has no resources.

Then, make another list of the five things "I wish the college has." This list will help weed down the list, but don't use it to cross off schools yet. There's more research to be done.

STEP THREE: DO IN-DEPTH RESEARCH

Hop online again. Scour the official website of all colleges of interest. Look beyond the obvious facts like campus size, location, courses of study, and degree programs. Investigate campus activities, study-abroad programs, student organizations, special programs, etc. College experiences differ greatly. Have questions and can't find the answers online? Call or email the school. Do not cross off any college because of cost. Many colleges offer financial aid, scholarships, and other help that make them far more affordable than they first appear.

STEP FOUR: GET A SECOND/THIRD/FOURTH/etc. OPINION

Talk to your counselor. Talk with trusted family, friends, teachers, and mentors. Talk to alumni. On most college websites, you can find information on the alumni association. Be creative. Search the Internet for college-specific phrases in quotes, like, "I graduated from Northeastern," or "Since graduating from FSU." See what former and current students have to say. Check out sites like Unigo and Rate My Professors where the rankings are based on student reviews.

STEP FIVE: VISIT SCHOOLS

If possible, visit at least three schools before senior year starts. The Internet is no substitute for an actual college visit. It's always a good idea to check out colleges in different settings like a major city versus a suburb.

STEP SIX: CREATE A COLLEGE LIST

Begin the senior year with a list of eight to ten colleges of interest. Don't believe only one school in the world is the perfect one. Oftentimes students "compromise" and go to schools that are not their first choice. Many of these students end up absolutely loving that school. Other students attend their "dream" school and then transfer. Reach for dreams while making sure the final college list has one or two schools which a student is almost absolutely certain to be admitted. As importantly, don't put any schools on the list that a student would not be happy attending.
ATTENTION 7-12TH GRADE STUDENTS

YOU'RE INVITED

CONSIDER YOUR OPTIONS: College Debt? Or... Earn While You Learn In A Great Career!

Enter to Win – Prize Drawings!

TRADES SHOW AND TELL EVENT

FRIDAY, SEPTEMBER 27, 2019 | 3-7 PM
ERX MOTOR PARK, ELK RIVER

FACTS:
- A Good Education Doesn’t Always Require a 4-Year Degree
- The Average Salary for a MN Construction Worker is $63,231
- 53% of General Contractors are looking for skilled laborers; the majority offer training
- 99% of Construction Workers want to stay in construction
- Several Trade Organizations Offer Scholarships

CONTACT OR QUESTIONS:
KARI STEINBRECHER | (763) 200-4206 | KARI@STEINBRECHERCOMPANIES.COM
STEPHANIE MENNING | (651) 288-3422 | STEPHANIEM@MUCA.ORG
Optional Testing Opportunities

**PSAT** Sophomores *(class rank in the 90th percentile)*
Juniors *(class rank in the 80th percentile and above)*
A preliminary SAT designed to:
- Give you feedback on academic strengths/weaknesses and preparedness for college
- Compare self to other four-year college bound students
- Enter the scholarship competition *(when taken as an 11th grader)*
- Help prepare for the SAT
**Test Date:** Wednesday, October 16, 8:00-11:15 am at RHS
**Cost:** $18.00
**Online Registration:** Click **HERE**
**Deadline to register:** Limited to 150 people.

**ASVAB (Juniors & Seniors)**
The ASVAB is a multiple aptitude test designed to:
- Measure developed abilities
- Help predict future academic and occupational success.
**Test Date:** Tuesday, October 22, 7:30-10:30 am at RHS
**Cost:** Free
**Deadline to Register:** Sign up in the Guidance Office by **Wednesday, October 16**

**ACT** The ACT is a college entrance exam which is typically taken by students as a junior in April or June is required by many four-year colleges. Areas tested: English/Reading/Math/Science and Writing
**Register Online:** [www.act.org](http://www.act.org)  **Rogers High School Code:** 242-110
**Cost** *(fee waivers for students on free/reduced lunch and AVID students)*
ACT No Writing: $52.00
ACT Plus Writing *(recommended)*: $68.00
A reminder that all RHS Juniors will be given the opportunity to take the ACT plus Writing on March 24, 2020 at Rogers High School *(pre-registration is not required)*.
FALL MUSICAL INFORMATION

Rogers High School presents All Shook Up. It is a musical inspired by and featuring the songs of Elvis Presley. The musical will be performed:
- Nov. 1st at 7:00PM
- Nov. 2nd at 2:00PM and 7:00PM
- Nov. 3rd at 2:00PM

Tickets are available at www.greateventseats.com/Rogers

www.gorogersroyals.com

Online Registration: www.gorogersroyals.com
(Under More:Registration/Form Tab)

All students participating in sports require a sports physical on file. Updated physicals are required every 3 years or as stated by physician. Physicals must be current for the entire season. Your student’s physical date on record can be verified in Parent Portal. (under Student’s Name, Health Tab)

CONGRATULATIONS to Boy’s Baseball for placing 4th at STATE!!!

Student Activity Passes are available for purchase at Varsity home contests. The cost is 10$ and can be used at all home athletic regular season contests.

SPANISH COURSE TRAVEL INFORMATION MEETING for PANAMA/COLOMBIA 2021:
Wednesday, September 25th at 6pm in the RHS Media Center!
Spanish 1-3 students and parents: Come to our informational meeting for our next travel opportunity!